

Speakers

Alfonso J. Cruz-Jentoft, M.D., Ph.D.

Chair and Meeting Coordinator



Alfonso J. Cruz-Jentoft is a specialist in geriatric medicine and gerontology and director of the geriatric unit of the Hospital Universitario Ramón y Cajal (Madrid, Spain). He is also director of the geriatric unit of the Clínica Ruber in Madrid and is a past president of the European Union Geriatric Medicine Society (EUGMS) having served from 2006-2007. Now a member of executive board and academic board. Former secretary, board member and Internet director of the Sociedad Española de Geriátría y Gerontología and former representative of Spain in the geriatric section of the European Specialist Physicians Union (UEMS-GS). Dr. Cruz-Jentoft also serves as a representative of Spain on the board of the International Association of Geriatrics and Gerontology (IAGG).

Alfonso Cruz-Jentoft is the associate editor of *Journal of Nutrition, Health and Aging* and a member of the editorial board of several European and Spanish geriatric journals. Former associate editor of *Modern Geriatrics* (Spanish edition of *Geriatrics*). Former editor of *Tu Salud*, a medical journal for nonphysicians. Alfonso is also a peer reviewer for several Spanish and European medical journals and Web sites.

He has authored two books and edited or co-authored more than 60 medical textbooks, authored or co-authored more than 70 articles published in Spanish and in internationally peer-reviewed journals.

Recent research areas include Alzheimer's disease, BPSD, orthogeriatrics, medical decision-making, nutrition, appropriateness of drug use in older subjects, sarcopenia and thrombosis. He has acted as the principal investigator in many multicenter international phase III trials in Alzheimer's disease among others.

Juergen M. Bauer, M.D., Ph.D.



Juergen M. Bauer is working as assistant medical director at the department of geriatric medicine at the University of Erlangen-Nuremberg. His research work and academic career are currently supported by a four-year scholarship of the Robert Bosch Foundation. In recent years Juergen's research interest has focused on nutrition and its relationship with functionality in older persons. In this field he has published numerous original papers and reviews. He is on the editorial board of *Journal of Nutrition, Health and Aging* and has been a peer reviewer for a variety of scientific journals in the field of geriatric medicine and nutrition.

Before moving into the field of geriatric medicine, Juergen M. Bauer trained in gastroenterology and as a specialist in clinical nutrition. At that time he was responsible for the development of an outpatient center for the treatment of obesity.

Bauer is a member of several national and international medical societies including the European Society for Clinical Nutrition and Metabolism (ESPEN).

Since 2005 he has been chairman of the ESPEN Special Interest Group Nutrition in Geriatrics. Juergen is also a member of the executive board of the Union of European Medicine Societies (EUMS) and serves as general secretary.

He is currently a member of several international expert groups that work on guidelines and definitions in the field of nutrition and functionality in older persons. He holds part-time lectureships in geriatric medicine and psychogerontology at the University of Erlangen-Nuremberg. In 2007 JM Bauer was awarded an honorary prize of the German Geriatric Society.

Speakers

Jeffrey R. Stout, Ph.D.



Jeffrey Stout is currently a professor and director of the metabolic and body composition laboratories in the department of health and exercise science at the University of Oklahoma. Dr. Stout is a fellow of the American College of Sports Medicine, president of the International Society of Sports Nutrition and vice president of the National Strength and Conditioning Association. He has published over 90 research studies that focus on nutrition, exercise performance, muscle function and body composition.

Furthermore, he has co-authored and co-edited seven books on sports nutrition and recently published two studies examining the effects of creatine and beta-alanine supplementation on neuromuscular fatigue threshold in elderly men and women. Currently, he is investigating the effects of HMB and resistance training on muscle mass, strength and function in older (> 65 years) men and women. Jeffrey also competes as a master athlete in judo.

Marjolein Visser, R.D., Ph.D.



Marjolein Visser is trained as a nutritionist and epidemiologist and is currently professor of healthy aging at the Institute of Health Sciences of the VU University Amsterdam as well as the EMGO Institute of the VU Medical Center in Amsterdam, The Netherlands. She is head of the department of nutrition and health at the Institute of Health Sciences. Her research interests are lifestyle determinants and consequences of age-related changes in body composition.

Important research areas are sarcopenia, obesity, and malnutrition in old age. She is involved in international aging studies, including the Longitudinal Aging Study Amsterdam and the Health, Aging and Body Composition study. She has authored over 120 scientific publications and serves on the editorial boards of several international scientific journals.

Delegates

Servet Ariogul, M.D., Ph.D.

Servet is on the internal medicine faculty and is chair of Geriatric Institution, chair of internal medicine faculty and chair of National Geriatric Association (Turkey).

Miguel Camblor, M.D.



Served as a consultant endocrinologist of the nutrition unit at Hospital General Universitario Gregorio Marañón in Madrid and consultant endocrinologist of the psychogeriatric unit at Clínica San Miguel, also in Madrid.

Marielle H. Emmelot-Vonk, M.D.



A specialist in geriatric medicine at University Medical Center Utrecht in The Netherlands, Marielle also serves as chair of the Dutch Falls Prevention Collaboration.

Her special research interest is frailty and sarcopenia in relation to sex hormones and cardiovascular risk factors. Currently investigating (as part of her dissertation work) the effects of testosterone supplementation on functional mobility, muscle strength, body composition, cardiovascular factors and other health outcomes in elderly men with an age-related decline of the testosterone concentration.

Abellan van Kan Gabor, M.D.

Trained as a specialist in geriatrics in Madrid, at the University Hospital of Getafe, Abellan has been working in Toulouse for three years, mainly in a geriatric rehabilitation unit. Specific research interests include Alzheimer's, frailty and sarcopenia. He is currently investigating gait speed as a marker of disability and future adverse outcomes as part of his doctoral studies. Special interest in finding a consensual definition and measurement of sarcopenia to be used in clinical settings and research.

Carole Glencorse, B.Sc., R.D., Dip.A.D.P.



As a registered dietitian and head of nutritional services for Abbott Nutrition, Carole plays an integral part supporting new product introductions to the U.K. She is also actively involved in partnership working and lobbying activities to raise the awareness of malnutrition in the U.K. and across Europe. Carole was actively involved in the development of the "MUST" screening tool through her involvement with BAPEN.

Prior to joining Abbott Nutrition in 2002, Carole worked in the NHS for 13 years as a dietitian specializing in burns and critical care. During this time she was actively involved in the postgraduate training of dietitians in artificial nutrition support and represented the British Dietetic Association on the Modernisation Agency's critical care program.

Carolyn Greig, Ph.D.



Carolyn Greig is a senior research fellow in the department of clinical and surgical sciences, University of Edinburgh. She is a physiologist interested in the influence of physical activity and nutrition on mechanisms underlying sarcopenia. Current projects include factors influencing the responsiveness of older muscle to resistance exercise, molecular and functional biomarker discovery for skeletal muscle frailty and accurate measurements of body composition using imaging technology.

By her own admission, Carolyn conducts regular "research" on keeping her own muscles fit and healthy.

Delegates

Irit Hermesh, M.D.



Dr. Hermesh is a senior gastroenterologist and medical director of clinical nutrition in a 980-bed tertiary hospital in northern Israel. Her major clinical activities are implementing nutritional screening for hospitalized patients, publishing guidelines for nutritional support within the hospital, heading the multidisciplinary parenteral nutrition team (TPN) and teaching medical school students. Recent publications relate to Nutrition Day in Israel, IBD and nutritional screening in various departments. Israel has a large population of elderly people who possess little awareness of sarcopenia; therefore, Irit is interested in learning about the latest techniques, screening and treatment to better educate her patients, students and colleagues.

Cecilia Hofmann, Ph.D.



Cecilia Hofmann a medical writer from Chicago, is well known for her ability to make science and medicine come alive in readers' minds. During the past 20 years, she has written more than 100 medical education courses, technical monographs, and journal articles—particularly in the field of nutrition. She previously served on the faculty of Loyola University Stritch School of Medicine and on the research staff of Edward Hines, Jr. VA Hospital. She received a doctorate in cell biology from the University of Illinois and completed a postdoctoral fellowship in the department of biochemistry at the University of Chicago.

Catherine D. Johnson, R.D., L.D., Ph.D.

Dr. Catherine Johnson is responsible for managing clinical trials and development of nutrition products in the areas of sarcopenia, malnutrition, elderly nutrition and bone health. Dr. Johnson has an undergraduate degree in clinical dietetics and a doctorate in foods and nutrition from Purdue University in Indiana (U.S.A.). She has extensive expertise in the areas of iron bioavailability and bone health. She has been granted five patents on her work in bone health and osteoporosis and she has also published studies on iron bioavailability and osteoporosis. Prior to joining Abbott Nutrition in 1993, Dr. Johnson worked for Doctors Hospital and taught nutrition to nursing students at Ohio State University and Otterbein College, both schools located in Ohio (U.S.A.).

Paul Knight, M.B.Ch.B., F.R.C.P.



Professor Knight gained accreditation as a specialist in geriatric medicine in 1987 and took up a post at Glasgow Royal Infirmary where he was clinical director of service from 1995 to 2006. He holds the honorary chair in clinical leadership at the University of Glasgow and has been accorded honorary professorships at Ohio University and Northeastern Ohio Universities Colleges of Medicine, and Brunel University (London).

Professor Knight plays an integral part in the development of postgraduate medicine training in the United Kingdom. He has published extensively in geriatric medicine and his current interests lie in health services research.

Ana-Marija Liberati-Ćizmek, M.D., Ph.D.



Ana-Marija is a doctor of medicine who graduated from Zagreb Faculty of Medicine in 2007, and was a postgraduate doctoral student at Faculty of Biotechnology and Food Sciences. She is a general practitioner at Healthcare Center Zagreb, and an associate at the nutrition consulting company Vitaminoteka doo.

Professional and research interests include internal medicine and clinical nutrition and since 2006 she has participated in international courses of clinical nutrition. She also collaborates on international scientific projects and writes articles in the medicine and nutrition field.

Dr. Liberti-Ćizmek is a member of ESPEN (European Society for Clinical Nutrition and Metabolism) and the Croatian Society for Parenteral and Enteral Nutrition (Zagreb).

Delegates

Frank H. de Man, LL.M., Ph.D.



Dr. de Man's work and activities focus on improving the effectiveness of organization and management on—but not exclusively—the domains of (health care) insurance and financing, health care policy and management, social security, European Union policy, and developing countries.

He is also a master in law, in health care management at the medical faculty of University of Groningen, The Netherlands, and has worked at Netherlands Ministry of Health, Welfare and Sports as deputy director of international affairs, and is permanent representative at the European Union in Brussels and an attaché for health at The Royal Netherlands Embassy, in Washington, D.C.

He was visiting lecturer in health care management at the Medical Faculty, Leiden University Medical Centre (Netherlands), Wharton School of the University of Pennsylvania and George Washington University, Washington, D.C.

Jean-Pierre Michel, M.D., Ph.D.



Jean-Pierre is professor of medicine and head of the geriatric service of Geneva Medical School and University Hospitals (Switzerland). He cofounded the Interfaculty Gerontology Centre at Geneva University and the European Academy for Medicine of Aging.

He is honorary professor of medicine at Limoges University (France), the Beijing University Hospital, and adjunct professor at McGill University (Montreal, Canada).

Ziva Mrevlje, M.D.



Dr. Mrevlje works in the gastroenterology and hepatology department at the University Medical Centre of Ljubljana, Slovenia, and treats patients with primarily gastroenterological and gastrooncological disorders.

Vicki Pout, M.D.

Vicki Pout shares the position of dietetic team leader for the Ashford locality within East Kent in the United Kingdom and has been a dietitian for 18 years. She has specialized in care of older people, and stroke, for the last 14 years.

Her main areas of interest are dementia and dysphagia. Vicki is leading a project to tackle malnutrition by implementing nutrition screening and promoting a food first approach to malnutrition alongside appropriate prescription of oral nutritional supplements.

She is currently the chair of the Nutrition Advisory Group for Older People, which is a special interest group of the British Dietetic Association working to promote the nutritional needs of this age group. One of Vicki's hobbies is helping to run a Beaver Scout Troop for six to eight year olds.

Delegates

Rosemary E. Riley, L.D., Ph.D.



Dr. Riley has been focused on the role of nutrition and exercise in health prevention and disease management for over 25 years. During her 20-year tenure at Abbott Nutrition, initiatives included a comprehensive, multidisciplinary medically supervised weight management program, geriatric nutrition, sports nutrition, and women's health with a focus on bone health and diabetes.

Dr. Riley is also working in the area of women's health, particularly focusing on breast health. She is a breast cancer activist and president of the Columbus (Ohio) Affiliate of the Susan G. Komen for the Cure®, and sponsor of Race for the Cure.

José Antonio Serra, M.D., Ph.D.



Dr. Serra specializes in geriatrics, and is associate professor of medicine at Universidad Complutense of Madrid, and chair of the geriatric department (1999–2002 and 2004–present). His areas of interest include the disability, functional impairment in elderly hospitalized patients, hip fracture in the elderly, mortality, functional recovery, sarcopenia, physical activity in the elderly, plus heart failure and impairments of activities of daily living.

Margy Thomson, R.D.



Margy Thomson is responsible for oral nutritional supplement and home enteral tube-fed patients across NHS Fife in Scotland. The nutritional support team comprises community dietitians, learning disability dietitians, and neurological rehab patients. Her main aim is to learn more about this emerging topic. Something others may not know about Margy is that she was a gymnast (trampoline) and now coaches aspiring trampolinists.

Federico Cuesta Triana, M.D.



Dr. Triana is a geriatrician at Hospital Clínico San Carlos in Madrid.

He has served as geriatrician at University Hospital for the past nine years. Federico's principal objectives are to learn new relationships between sarcopenia and functional impairment, nutrition intervention and useful techniques for screening.

Federico has published six articles since 2006, ranging from anorexia in the elderly, diabetes in frail elderly to diet and nutrition to undernutrition and heart disease. He is also associate professor of Complutense University in the field of nutrition in geriatrics with a research interest in nutritional assessment and frailty.

Fatih Tufan, M.D.

Dr. Fatih Tufan is attending this meeting on behalf of Professor Akif Karan. Dr. Karan is the chief of the Geriatric Institution at Istanbul University Hospital in Turkey.

Delegates

Mercedes Planas Vila, M.D., Ph.D.



Mercedes Planas Vila, professor of pathophysiology and artificial nutrition at the Universitat de Vic, Barcelona, received her medical degree from the Universitat de Barcelona and her doctoral degree from the Universitat Autònoma de Barcelona. She completed her medical training in internal medicine and intensive care medicine and was visiting scientist at the Veterans Administration San Diego Medical Center, and at Mount Sinai Hospital, New York. Professor Planas Vila coordinates the scientific committee for Spanish Society of Parenteral and Enteral Nutrition and she is a member of European Society for Parenteral and Enteral Nutrition (ESPEN) council and coordinates the scientific committee for Ibero American Section for American Society of Parenteral and Enteral Nutrition (ASPEN).

She was chief of the nutritional support unit at the Vall d'Hebron Hospital, Barcelona. Mercedes is the author, co-author, or editor of over 100 articles and books, and serves on the editorial board of *Nutrición Hospitalaria*. Her areas of major interest are home enteral and parenteral nutrition, lipid emulsions in parenteral nutrition, and nutrition in neurology.

Keith B. Wheeler, Ph.D.



Keith Wheeler is responsible for Abbott Nutrition's research, development, education, science and clinical research programs supporting the adult businesses. He most recently served as divisional vice president, healthy living and international research and development for Abbott. Keith joined Abbott in 1981, after receiving his doctorate in nutritional biochemistry from Ohio State University. He has held various leadership positions including director of strategic research and development and director sports nutrition research and development. Dr. Wheeler is a fellow in the American College of Sports Medicine, and an elected member of the American Institute of Nutrition and the American Society of Clinical Nutrition.